

**914th CSH**  
**Packing List for AT (14 JUL - 27 JUL 01)**

LUGGAGE IS LIMITED TO: 2 Duffle Bags and 1 Rucksack.

**Must Bring List:**

- All TA-50 Gear
- Extra BDUs (4 sets)
- Subdued Rank (2 sets)
- Field Jacket w/Gloves
- Socks & Underwear (enough for 2 weeks)
- Extra Softcap
- Dog tags and ID Card
- Driver's License/Operator's License
- Locks for Duffle Bags (2 each)
- Common Task Manual
- Leader Book
- Flashlight w/colored lenses & extra Batteries
- Black ball point pen

**Personal Hygiene:**

- Toothbrush & Toothpaste
- Baby wipes
- Hairbrush/comb
- Soap, Razor & Shaving Cream
- Towel & wash cloth
- Feminine Hygiene products
- Foot Powder
- Moleskin
- Deodorant & Shampoo
- Shower Shoes

**Strongly Recommended:**

- Black Leather Gloves
- Watch & Alarm Clock (battery/wind-up)
- Extra pair of Glasses
- Enough personal medications for 2 wks
- Over-the-counter Meds
- Boot Polish w/brush & Extra boot laces
- Pillow, Blanket, or Poncho liner
- Sewing Kit, Bug Repellent, & Ziplock Bags

**Optional Items:**

- Cigarettes (enough for 2 wks)
- Chem lights
- Small Rug or thick (3mil) plastic
- Paperback books, cards, etc..
- Swiss Army Knife or Leatherman

**ABSOLUTELY FORBIDDEN:**

- KNIVES WITH BLADES LONGER THAN 3 inches
- KNIVES WITH DOUBLE SIDED BLADES & ANY OTHER WEAPONS
- EXPLOSIVES OF ANY KIND

### Tips:

Line your duffel bag with a large trash bag to keep your gear dry  
Underwear & socks fit nicely in the pockets of your rucksack  
You can also pack a T-shirt, 1 pair of socks & underwear in 1 ziplock &  
then squeeze all the air out. This will waterproof your clothing.  
Remember if you pack it, you have to carry it!  
Don't bring hair dryers, curling irons, etc...  
Roll your cloths or use ziplocks to reduce the space taken up by clothes

### Pack Smart:

Remember this is part of the exercise  
Imagine your are going to war  
Is This all you're going to need to take  
Try to limit the luxuries

